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# VIRTUAL REALITY AND IT'S CONNECTION TO HUMAN PERCEPTION

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# ABSTRACT

Since the essential technology and equipment for virtual reality is becoming easier to get and more generally available on the commercial market, a growing number of psychologists are beginning to include virtual reality (VR) into their approaches. This technique has significant benefits in terms of experimental control, repeatability, and ecological validity; nevertheless, it also has some limits and hazards that are not immediately apparent, which might cause anyone who is just starting out with the method to get perplexed. This investigation's purpose is to introduce the academic field of psychology into the cutting-edge field of virtual reality (VR). To do so, it will first undertake a study of the tools that are now available to academics, and then it will sketch out the landscape of probable application areas. We utilize examples of research that is now considered to be cutting edge in order to highlight challenges that are currently being resolved as a consequence of research. These issues are being resolved as a direct result of research. Embodiment, the uncanny valley, simulation sickness, presence, ethics, and experimental design are some of the problems that need to be addressed.

**KEYWORDS**: Virtual reality; human perception.

## INTRODUCTION

Virtual reality (VR) gear and software are finally starting to become widely available, after many years of expectation. This includes accessibility for the general public, as well as for academic institutions and commercial businesses. The use of this technology has the potential to usher in a period of profound transformation not just in the realm of academic endeavors but also in therapeutic environments. It will make it possible for us to get a comprehensive understanding of human behavior, and it may make it possible for us to deliver counseling or treatment to each and every individual. The objective of this article is to give a guide to the terrain of this new study subject, enabling psychologists to explore it completely but also warning of the numerous hazards to this domain and giving glimpses of the peaks of success that have yet to be reached. The paper will also provide views of the peaks of success that have not yet been reached. In addition to this, the article will give insights into the heights of success that have not yet been reached. In order to further the development of theory, we take into account not only the good but also the negative elements of the virtual reality technology. This is done from both a more practical and a more theoretical point of view.

The potential applications of virtual reality (VR) for enhancing human relationships are the primary topic of this essay. When one person interacts with another person, whether that other person is actual or virtual, there has been a human social contact. This is true whether the other person is present or not. Virtual reality (VR)

has been utilized to a significant degree in the past for the purpose of study on spatial cognition and motor control. These works have been evaluated in another location. In addition, rather than using virtual reality for educational or therapeutic purposes, our primary focus is on developing VR with the intention of using it for psychological study. In contrast to this, the use of virtual reality to accomplish these goals is not recommended. Take note that when we refer to "virtual reality," we mean "a world made by a computer," and not only "things perceived via a head-mounted display," as the term is frequently used to indicate. When we say "virtual reality," what we really mean is "a world made by a computer." When we talk about "virtual reality," we are referring to "a world created by a computer." The latter category contains items like 360-degree videos, but excludes augmented reality and computer-generated systems that do not provide a completely immersive experience. This article addresses those subjects one at a time, beginning with the first.

In this article, we consider the potential of virtual reality technology to contribute to the explication of the behavioral control methods underpinning perception-action coupling. These techniques are important for understanding how perception might influence behavior. We concentrate on a particular kind of difficulty since control strategies are task specific, and that is moving in such a way as to intercept a ball before it lands on the ground. This paradigmatic dilemma not only exemplifies the ongoing theoretical discussion on how our interactions with dynamic settings are structured, but it also boasts a significant corpus of historical and current experimental research, utilizing both real and computer-generated environments. The dispute on how our interactions with dynamic surroundings are organized has been going on for quite some time. Even if the conversation is restricted to the specific topic that is being investigated, it nonetheless makes it possible for the possibilities and drawbacks of employing virtual reality (VR) to emerge within the context of a well defined scientific subject.

## To Frame the Current Paper, a VR Lab

When we think about the realm of virtual reality, we picture it as an entirely new terrain, and we picture the psychologist as an explorer perched on the edge of the map, ready to discover what is beyond. We prefer to picture the difficulties that this explorer will face as mountains that he or she will need to conquer in order to successfully complete the investigation. After we have examined the lowlands, in which we will go through the essential equipment that our explorer will need, we will then proceed to map out the terrain that lies ahead in our review of the logistical considerations that are necessary when creating a VR lab. This will be done after we have completed our examination of the lowlands. In this part of the guide, we are going to concentrate on the essential equipment that our explorer will require. Second, as long as they have the proper gear, a great number of people are capable to climbing the Munroe of Scotland, which are mountains that are higher than 1000 meters. In other words, they can accomplish this goal. In a similar vein, we study the challenges that may present themselves during the deployment of social VR scenarios as well as the potential outcomes that may be reachable with the technologies that are now on the market.

## The Foothills – How to Use VR

Virtual reality (VR) is likely to be well-known to the majority of psychology professors; at the very least, they will have heard of it, and some of them may have actually tried it out using a VR headset. At the very least, they will have heard of it, and at the very most, they will have heard of it. A lesser fraction of people will either have built software for virtual reality research or created a virtual reality lab. In the following

paragraphs, we will give a brief overview of the approaches and vocabularies that are utilized in the disciplines of computing and virtual reality. In this article, we spend a significant portion of our attention on how computer systems might be able to overcome the issue of creating virtual characters (VCs) whose behavior is determined by the activities carried out by the user. More specifically, we investigate the potential solutions to this problem.

It is required for information to flow in both directions in order to achieve this objective. Initially, the information must flow from the participant to the computer system, and then it must flow back to the participant from the computer system. In the appropriate sequence, we are going to study the numerous technical components that are necessary for each.

#### The Visual Representation of a Computer-Generated

world may be shown to users in a number of various ways, including through the use of head-mounted displays (HMDs), CAVE systems, augmented reality systems that can vary from smart phones to headsets, and lastly, through the use of projectors or desktop screens. All of these methods are examples of how the world can be presented to users. These many approaches are some examples of how consumers can examine the graphical representation of a world that has been produced by a computer.

The user is cut off from their actual surroundings in the real world when they put on a head-mounted display, which is also known as an HMD. This is a prerequisite for engaging in immersive virtual reality, which will be discussed in further detail in the next section. On the other hand, augmented reality incorporates computer-generated content into the real environment, and it occasionally even gives the computer-generated content the capacity to interact with the actual world around it. Mixed reality, on the other hand, may incorporate elements not just of the actual world but also of the virtual one. All of these different technologies have the potential to make it easier for people to form social relationships, and in the next section, we will study some of the most common methods for putting these potentials into action in the real world.

## **Immersive Virtual Reality (IVR)**

Even while demonstrations of immersive virtual reality may have a high "wow factor," this does not indicate that there are not any possible drawbacks to using such technologies. To begin, the resolution of such devices is still rather low in comparison to that of a typical computer display. For this reason, it is not suited for research projects that need high-fidelity visuals (for example, emotion reaction to small changes on the face). Second, because viewers are so captivated by these virtual reality demonstrations, as a direct result, they get "disconnected" from the actual world that is going on around them. As a consequence of this, it is difficult to conduct studies that include interactions with things that are found in the actual world. It is not possible for us to entirely replace real objects with virtual ones in the research that we are conducting since we do not have access to widespread hectic gadgets. However, we might simulate the movement of the item by using a technology known as virtual reality (VR). When doing research in the field of social neuroscience, successfully combining the use of basic imaging methods with immersive displays may prove to be a difficult task.

It's feasible that head-mounted displays (also known as HMDs) may become obsolete in favor of CAVE virtual reality systems at some point in the not-too-distant future. A virtual reality chamber, also known as a

VR CAVE, generally consists of three or more walls, each of which is capable of having visuals projected onto it in order to give an immersive atmosphere. For the user to be able to enjoy full 3D stereovision, they will need to put on a set of shutter glasses that are synced with the projector. The glasses, which are quite comparable to HMDs, include tracking with six degrees of freedom (Doff), which enables the displays to update in real time and offers the user with a vision that is accurate from a perspective point of view. However, in contrast to HMDs, users of the CAVE have the ability to do research by looking through the glasses at any real-world items that are in the immediate vicinity (including their own bodies).

Because the glasses cannot totally "shut out" the outside world, this may be a challenge for some applications (for example, when within the CAVE, one cannot fully inhabit the body of another person). On the other hand, it could be useful for applications in which the user can see and interact with real objects (for example, a real steering wheel in a driving simulation), and in which the user can get accurate visual feedback on the results of their own actions (for example, hand actions in an imitation task). Because it is difficult to build virtual goods that can respond to the actions that are carried out by a user, it may be much simpler to allow participants access to actual things when they are within a CAVE (because it is almost impossible to provide frantic feedback of objects in VR). This is because it is difficult to make virtual items that can respond to the activities that are carried out by a user.

## **OBJECTIVES**

- To study of the Immersive Virtual Reality (IVR).
- To study of the challenge of the uncanny valley, and imagining a VR Turing test.

## The Challenge Of The Uncanny Valley

Mori is the one who came up with the concept that there is a non-linear link between the degree to which a robot or a virtual character resembles a person and the degree to which people perceive it to be human. He did this in an effort to explain why some individuals find it easier to relate to robots and virtual characters than real humans. This was done within the framework of the research that he was conducting with his colleagues Mac Dorman and Kigali. This mental condition is referred to as the "uncanny valley" in certain circles. In particular, he mentioned that people have a negative reaction to figures that have an appearance that is almost human but not quite human. He said that this is because people mistake these figures for humans. He was talking to figures that give off the impression of being human but are not exactly the same thing. The uncanny valley phenomenon does not always occur when figures are animated; nonetheless, further in-depth research suggests that there is, in fact, an uncanny valley for still photographs that have been twisted between a human and mechanical appearance and feel. According to Say gin, Chained, Ishiguro, Driver, and Firth (2012), unmanliness can emerge when there is a difference between the look of a character and the method in which it moves. This discrepancy can make the character appear less masculine. Because of this disparity, the character could behave in a way that is inconsistent with its look or seem in a way that contradicts its appearance. Because of this, a very lifelike humanoid figure that moves in a jerky manner will be perceived as being more frightening than a cartoon-like character that moves in the same fashion. This is because the humanoid figure is more likely to be mistaken for a real person.

## The Challenge Of Simulation Sickness

It is not uncommon for first-time users of virtual reality (VR) to experience motion sickness, particularly when using head-mounted display (HMD) VR devices. This is especially the case when traveling through space. However, not all users will experience the simulated illness to the same degree, and certain apps cause nausea that is far more severe than that caused by other programs. A conflict that develops in the human body between the visual and vestibular systems is the primary factor that contributes to the experience of simulated illness. Because of this inconsistency, the user will get the impression that they are moving only their eyes, but not their body as a whole.

The size of the space that is made accessible to the investigators is the primary factor that plays a role in determining how well it may be utilized in research. This particular type of virtual reality technology is frequently referred to as "room-scale VR." Eye strain, which is caused by the displays being very close to your eyes, latency, which is produced by a delay in the picture updating whenever you tilt your head, and high contrast visuals (HMDs) are some of the other variables that lead to simulation sickness in virtual reality head-mounted displays. Changing the architecture of the setting in which the virtual reality experience is being had is one potential strategy for mitigating the negative effects of the aforementioned elements. For instance, the user's motion speed can be restricted, and the intensity of the visual flow that the user experiences while moving might be dialed back a notch. These are just two examples. Both of these choices are open to consideration.

It is impossible to estimate what proportion of participants are afflicted by simulated sickness due to the myriad of components, both hardware- and software-related, that contribute to the condition. These aspects make it difficult to accurately represent the disease. This is due to the fact that the illness is caused by a combination of a number of different variables. The individuals who took part in a recent study were given the task of navigating a digital maze while wearing a gadget known as a head-mounted display, or HMD. Three of the total 24 participants left the activity early and stopped before it was over because they were experiencing simulated sickness. They departed early and quit early because they left the activity early. This equates to a graduation rate of 12.5% dropouts. When the HMD experience was delivered to 1102 people who were taking part in a large-scale study, the researchers discovered that the dropout rate was 6.3% for the first 15 minutes and 45.8% for the first 60 minutes. This information was gleaned from the findings of the study.

## The Human-Virtual Agent Loop

The use of color coding helps to show the ways in which the cognitive processes involved in governing virtual entities are comparable to those involved in governing humans. The challenges that theory provides, as well as the opportunity it affords The development of hypotheses and the careful verification of those ideas through testing are often the driving factors behind advancements in the discipline of psychology. The use of virtual reality (VR) opens up the possibility of advancement as well as challenge in this context. Because it requires a theory that is accurate, well-specified, and can be included into an artificial system, virtual reality (VR) poses a challenge for our concepts. This is because VR demands for a theory that can be used in this context. For example, one theory could suggest that mimicking leads to mundane behavior, but in order to include mimicry into a virtual reality (VR) system, we need answers to much more precise questions, such as how rapidly does mimicry take place. Which behaviors are being modeled after other people? how exactly, and so forth and so forth Building a virtual reality system that allows for imitating will allow us to get a good start on resolving these concerns and putting the notion to the test (Hale & Hamilton,

2016). In a similar manner, certain theories may postulate that joint attention is implemented in particular brain systems. However, in order to put this idea to the test, a virtual reality (VR) application of joint attention was necessary. This necessitates that we describe the length of time that the participant and the VC glance at each other while maintaining a mutual gaze, the timing of the looks at the object, and the dependencies that exist between these actions. Because of this, virtual reality necessitates the development of an accurate and all-encompassing explanation of the psychological processes that are now being explored.

## CONCLUSIONS

In this essay, we have led the reader on a voyage over the landscape of prospective experiments, beginning with a fundamental review of the hardware that is necessary for VR and finishing with a peek into the future of virtual people. This adventure began with a fundamental overview of the hardware that is required for VR and ended with a glimpse into the future of virtual people. This excursion started out with an introduction to the essential components that are needed for virtual reality, and it culminated with a sneak peek into the future of virtual humans. We have high hopes that this target piece will not only work as a primer for academics who are interested in investigating this fascinating new subject, but that it will also generate debate on the application of virtual reality (VR) in psychological research and practice. When it comes to the realm of human social relations, we lay a special focus on the utilization of virtual reality (VR). This is a term that refers to the process in which one person connects with another person, regardless of whether or not the second person is real.

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